Hello, Sid Roth here. Welcome to my world, where it's naturally supernatural. I love it. My guest says there's an easy way to never be bullied by fearful thoughts again. What a wonderful life, next.

Sid Roth has spent over 40 years researching the strange world of the supernatural. Join Sid for this edition of It's Supernatural!

SID: Well, Pastor Eddie Turner, I have been looking forward to this interview but more important than even me, this interview is going to dramatically touch every believer and non-believer in the Messiah that's watching us right now. It's got to do with a subject that you wrote a book on, Conquering the Chaos in Your Mind. What do you mean? I know what chaos is and maybe all of you do but what do you mean by chaos in the mind?

EDDIE: Sid, I'm talking about racing thoughts, tormenting thoughts, the inability to shut your mind off. In this season in which we're living, mental health professionals are seeing a deluge of people that are coming that are needing help. People can't get their minds to quieting down. Stress, anxiety, fear is consuming them more than ever before.

SID: Well, in your life you had an encounter that no one should have, so to speak. Minding your own business and all of a sudden a voice says to you what?

EDDIE: I was driving down the road, Sid, and minding my own business as you said. Everything was good in my life. I was pastoring a little church, I was younger, and all of a sudden out of the clear blue the thought came into my mind, "You must be demon-possessed." I'd never thought that before, I'd never entertained that before.

SID: That's almost a clue it's coming from the enemy if it's something you weren't even thinking about.

EDDIE: And it surely it wasn't the Lord telling me I was demon-possessed.

SID: Of course.

EDDIE: And that thought stung me for just a second but I was able to kick it out like most thoughts. But over the next two or three weeks that thought kept tormenting me, coming back, back, back, back. Within three months that thought had me, it had me paralyzed. I got where I couldn't sleep, and I got where I couldn't concentrate. Sid—

SID: How bad was it, really?

EDDIE: It was continual hell, torment to the point I didn't want to see people—

SID: But it didn't start that way.

EDDIE: No—
SID: It started with a thought.

EDDIE: Little by little, just little by little. First a thought, just a innocent, crazy, silly thought, and I didn't know how to take that captive. I didn't know I was supposed to take that thought captive and it built into a tsunami that eventually tore me down, and that thought paralyzed me. And then with it, other thoughts, "God, doesn't love you. You're going crazy, your family had a problem with mental illness, it's now on you. It's your lot in life."

But then my wife begged me. After being in the house paralyzed for weeks she said, "I want you to get out. Please try to get out and go to breakfast with us." So I went on a Saturday morning. When we're setting in the restaurant all of a sudden the thoughts start. "People are looking at you, they know you're crazy. They're calling the police. You're demon-possessed. They're going to come put you in a straight jacket."

SID: There's almost a machine gun.

EDDIE: There were. A machine gun every moment of every day. And I ran out of the restaurant. She finally, finally came to the car and drove me home. She went on to the grocery store. I ran into the house, totally defeated, hopeless. I thought I was going crazy. This was it. I might as well end my life. I fell face first into the carpet crying, weeping. I screamed out, "Oh God, you've got to come help me. I'm losing my mind." And I probably laid there for a minute or two just in the quiet weeping. And suddenly I sensed somebody, I sensed the presence in the house. And that's when I looked up and I saw the feet of a person, and then I looked up and I saw the face of Jesus.

SID: Had this ever happened before?

EDDIE: It never had, I was young in the ministry. I'd read the Bible, I'd read stories of other people but I'd never had an experience like that.

SID: Now, did He look real or shadowy or?

EDDIE: It was like you and I talking. In fact I first thought, "Man, I've died. I have died and I've gone to heaven." I thought, "I'm having hallucinations." But I looked around and there was my recliner. I looked around, there was my couch. I knew I was in the den and the Lord Jesus, His hair touched His shoulders, His eyes were gleaming bright. And He looked at me and He said, "Eddie, what would you have me do for you?" And at that moment, when you're in the middle of warfare, see, the only thing you think about is the bullets coming at you, is survival. Because I've thought a thousand times, "Oh, I wished He'd asked me that again. I wish He did show up again. I've got a list of things which—

SID: I'm sure me too.

EDDIE: But all I said is, "Lord Jesus, these thoughts, they're killing me." And He reached down to the side of my head and He said, "Eddie, I told you thoughts are as vapors, they have no power. And He reached down to the side of my head and He pulled out what appeared to be a
banner. And on this banner it said, "You are demon-possessed." And He blew it and it went away just like a vapor. He reached down again and pulled out a second banner that said on it, I could read it. It said, "God does not love you." Because that's another thought that Satan had put in my mind that I couldn't get rid of. And He blew it.

SID: And both were lies.

EDDIE: They were lies, they were vapors, but they had become a stronghold in my life because I didn't know how to get rid of them. And then He said something to me that changed my life forever. He pointed to the corner and He said, "Eddie, there's your problem." And I looked to the corner and I saw two monkey-looking creatures huddled in the corner and I immediately, I don't know how I knew it but I knew they were demons and they were shivering in fear.

And every time Jesus would look at them they would shiver in fear. He'd look at me and there would be great peace but He looked at the devils and they shivered in fear. And since that day, anytime I've dealt with fear, anytime I've dealt with anyone who was bound by fear or evil spirits I'm reminded of how really in the presence of Jesus who dwells in us the devils are really the ones that are fearful, not us.

SID: Well, what happens to those demons?

EDDIE: Well, He said, "There's your problem." And then He looked back at me and He sweetly smiled and the next thing I know He's gone. I looked to the corner where the demons were, they're gone and that visitation was over. For the next three days I could hardly talk, I cried constantly. But the battle didn't end there.

SID: Okay, hold that thought. The machine gun precision of oppressive and fearful thoughts did not end. Be right back.

We’ll be right back to It’s Supernatural.  
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We now return to It’s Supernatural.

SID: Now, Pastor Eddie Turner, had an amazing encounter with Jesus and he was set free. And you would think that would have been it but he still had good days and bad days. Tell me about a particular bad day.

EDDIE: It was several months past the visitation with the Lord Jesus and I had some great days, a lot more great days than I had before, but my thoughts started slipping back again. The thoughts, the same harassing, tormenting, accusatory, condemning thoughts. And one day I was sitting in my office and I heard these words, Sid. "Just give in, you're a victim. This happened with your grandmother, it happened with your father, it happened in your family, it runs in your family. And they were good people, they loved Jesus. They went to heaven when they died so it's just your lot to bear in life. Just give in."
And can I tell you, Sid, that for a moment that brought me some peace because all of a sudden it's not my fault, I'm a victim. And it brought me peace because I thought the fight's over. And then suddenly from on the inside I heard these words, "That didn't come from me." And I knew that to be the Holy Spirit. And suddenly I realize Satan had changed his tactic. At first he was accusing me, "Your demon-possessed, God doesn't love you." Suddenly now he changes his tactics. "Don't fight no more, you're a victim."

And over the years, the hundreds and hundreds of people I've ministered to many of them have bought that lie. You're a victim, and that is Satan's tactic to keep us from fighting the fight of faith. And then all of a sudden when the Spirit of God said, "That didn't come from me. That came from outside, it didn't come from inside," I said, "I will not receive it." And as soon as I said that, suddenly I felt myself lifting up. I remember saying, "Oh, oh, oh, oh, oh," like gravity had lost its hold on me. And when I opened my eyes I was in heaven.

**SID:** Had this ever happened before?

**EDDIE:** Never happened, never. I'd read books about that and I'd heard other people tell stories like that and I'd say, "Oh, come on. That probably really didn't happen." But it happened to me and I was standing in front of the Lord Jesus. Sid, can I tell you? That His eyes glistened with beauty like a breeze across a lake. The colors in heaven, we have no colors to compare to the colors in heaven. Colors in heaven don't even have names down here on earth. There was movement. I was so fixated on Him but I could see movement behind Him but I couldn't tell if it was angels or our loved ones who had gone on before, I don't know, I was just fixated on Him.

And He looked at me and He said, "Eddie, I love you." And then He hugged me. When He hugged me, Sid, love like I've never experienced went through me. I remember moaning, "Oh." And then He started to pull away and He said, "You've got to go back." And I remember saying, "I don't want to go back." And He said, "But you must go back." I said, "I don't want to go back." He said, "But you must go back for your wife and your little boy." And I said, "But I don't want to." And He said, "And you must go back for them."

And He pointed to the side and I thought I saw thousands, what appeared to be thousands of... the best I can describe it as army cots, empty. And He said, "You must go back for them." Sid, as I saw those cots I realized they were for the wounded and that's the reason I was sent back to help wounded, broken, tormented people just like me.

**SID:** You're probably asking, "Well, what about me? Jesus never visited me. I've never been to heaven. How do I get free? Wonderful for Eddie, but how do I get free?" Next.

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**SID:** Now, Pastor Eddie you're provoking me to jealousy and you're doing exactly what the Bible says you're supposed to do. Do you know why? I'm Jewish, and the Bible says the Gentile believer is to provoke the Jew to jealousy. But, why did God show you those what appeared to be army cots all over?
EDDIE: The exact reason why, and I didn't know it at the time, I thought it was crazy, just to be honest with you, it didn't make sense to me. But within two weeks of that visitation in heaven, all of a sudden people started coming. "Can you help me? Can you help me my mind won't stop." Pastors started coming, unloading on me, downloading—

SID: Tell me about one.

EDDIE: It was two weeks after I'd had that visitation in heaven and a pastor called and he said, "Can we have lunch?" And I said, "Sure." I knew him but we'd never talked anything serious personally, just general pastoral talks. And we had the lunch and during the lunch, he said, "Do you have a few minutes, I'd like for you to go back to my office?" And I said, "I'll be happy to." I thought he wanted to show me some project he had going or some new room he was doing at his church.

When we got to his office, Sid, he began to download and unload all of the hell he was going through in his mind. He said, "I can't tell my board, I can't tell my people in the church, they don't want a pastor who might be losing his mind." And immediately as he talked the Spirit of God said on the inside of me, "He's one of the ones in the cots." And since that day, dozens, hundreds, and now thousands of people who are tormented, who are perplexed, who are dealing with anxiety, who are dealing with fear and paranoia, who can't stop their mind, will come from hundreds of miles. They'll line up in our conferences to be prayed for, whether they're children, teenagers, or adults.

SID: This was really and truly why God sent you back.

EDDIE: That's why He sent me back, that is our mission.

SID: But then it's really getting big. You got to the point where you spoke at a meeting for 800 pastors.

EDDIE: 800 pastors.

SID: Can you tell me about that?

EDDIE: In a major city in our nation, a conference with 800 pastors, and they asked me to teach on the thought life. So the last night of the conference I taught on the thought life and the chaos of the mind. And I gave an altar call. I thought, "Maybe I don't need to give an altar appeal, this is pastors." I mean, there was 800 there, the sanctuary was packed and over 400, they tell me, lined up. My wife and I prayed for over 400 pastors that night and I realized they are the warriors who are being tormented and perplexed by these thoughts, evil, tormenting thoughts that are keeping people from experiencing everything God wants them to experience.

SID: You may be saying to yourself, "Well, I've never had a visitation from Jesus, I have never been to heaven. What about me, God, can I be set free of fear? Can I finally be set free of fear? And you have an answer for that.
EDDIE: I have an answer. And the answer is simply this, thoughts may come and thoughts may persist, but thoughts never spoken in word or deed will die unborn. Satan operates in the arena of thought, that's exactly how he gets every one of us. He doesn't show up in a red suit and a pitchfork and say, "I'm going to tempt you." He shows up with a thought, just a single thought. And if you and I can learn to take those thoughts captive, see that's the reason when the Lord appeared to me in my den, it didn't immediately go away because if that was the answer to get our minds renewed then we would all need a vision. But then that's not walking by faith, that's walking by sight. So the Lord taught me in His word that if we take our thoughts captive then that's where the spiritual warfare begins.

SID: He gave you a scripture to finally be free.

EDDIE: Yeah. "Finally brethren, whatsoever things are true, whatsoever things are lovely, whatsoever things are just, whatsoever things are pure, whatsoever things are of a good report," Philippians 4:8, "Think on these things." I told the Lord one day, Sid. I was in prayer several months after this, and I was still, as long as I was praying I had peace because Philippians 4:6 says, "In everything by prayer, supplication, with thanksgiving let your requests be made known to God and the peace of God will guard your hearts and minds through Christ Jesus."

And I told the Lord, I said, "Lord, your word is not working for me here." I said, "As long as I'm praying the guard shows up, but as soon as I finished praying the guard doesn't show up.' And it was in a time of prayer I heard the Spirit say, "Read the next verse." So I read the next verse. "Finally brethren, whatsoever things are true, lovely, pure," I said, "That's a great verse, I love it, Lord." I said, "But your guard keeps leaving. As long as I'm praying, the guard of peace is there but as soon as I conclude my praying he leaves."

And all of the people listening, understand that because when we have something bothering us and we pray about it God's presence comes. God gives us an answer and we'll do good for a couple hours, maybe a couple of days or a couple of weeks, but then somebody will mention that situation or we'll see something and the worry comes back on us. So what do we do? We run back to our prayer closet and what happens? The peace comes again. But how can you live a life where you continually maintain a peace of mind?

And I said, "Lord, your guard keeps leaving." And He said, "Read the next verse." When I started to read it again, verse eight, "Finally brethren." And as soon as I said that word, finally, that word came off the page, went 3D right in front of my eyes, and the Lord Jesus said to me, "After you pray you have one final thing to do. You've got to think right." And most of us this is where we miss it and allow Satan's influence in our life. We pray good, we understand about praying, we understand about interceding, but most of us when we conclude our praying we have one final thing to do, we've got to think in line with the word of God. And when we do His peace will guard our minds 24 hours a day, seven days a week.

SID: And just as a thought could destroy you, a thought can jumpstart you into your destiny. I want you to be jump-started into your destiny. I want you to say this prayer with me to have your own experiential knowledge with God. It may not be going to heaven or having Jesus comes to you but it'll be better, He's going to be inside of you. Repeat this prayer out loud, Dear, God.
EDDIE: Dear, God.

SID: I'm a sinner.

EDDIE: I am a sinner.

SID: Against you.

EDDIE: Against you.

SID: And you alone.

EDDIE: And you alone.

SID: Have I sinned.

EDDIE: Have I sinned.

SID: And I'm so sorry.

EDDIE: And I am so sorry.

SID: I believe.

EDDIE: I believe.

SID: The blood of Jesus.

EDDIE: The blood of Jesus.

SID: Washes away my sin.

EDDIE: Washes away my sin.

SID: And I'm clean.

EDDIE: And I am clean.

SID: And I boldly proclaim.

EDDIE: And I boldly proclaim.

SID: You are my Lord.

EDDIE: You are my Lord.
SID: And my savior.

EDDIE: And my savior.

SID: And you live inside of me.

EDDIE: And you live inside of me.

SID: Oh, I'm so grateful.

EDDIE: Thank you, Lord.

SID: Amen.

EDDIE: Thank you Lord.

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SID: Next week on It's Supernatural!

Duncan Smith: I saw a vision of a fiery man. He touched me and for months, literally he flowed through my body. The fire of God is real, it's powerful, it's life-changing. Join me on the next It's Supernatural with Sid Roth and experience the fire of God for yourself.

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